



Mary Help of Christians Traditional Roman Catholic Church

920 E. Cache la Poudre Street

Colorado Springs, CO 80903

mary-help-of-christians.org

Pastor: Fr. Augustine Walz: (509)-379-1953 (augustinewalz87@gmail.com)

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February 20th, 2022 † Sexagesima Sunday

Sunday, Feb. 20, HOLY MASS 9:00 a.m. - St. Eucharius, B

Alena Williams

Mon. Feb. 21, No Mass in Springs.- Feria (St. Severian, BC)

RIP Eugene Kauhane

Tues. Feb. 22, HOLY MASS 8:15 a.m. - St. Peter's Chair at Antioch

Pro Populo

Wed. Feb. 23, HOLY MASS 8:15 a.m. - St. Peter Damien, BCD

Emily and Asher Fry

Thurs. Feb. 24, HOLY MASS 8:15 a.m. - St. Matthias, Ap

Pro Populo

Fri. Feb. 25, HOLY MASS 7:00 a.m. - Feria (St. Tarasius, BC)

For the dear souls in Purgatory

Sat. Feb. 26, No Mass in Springs - BVM Saturday (St. Mechtilde, V)

Private Intention

Sun. Feb. 27, HIGH MASS 9:00 a.m - Quinquagesima Sunday

Pro Populo

Serving Schedule:

Sunday, Feb. 20th: Oliver Vigil, Steven Kosovich

Tues. Feb. 22nd: Eric Vigil, Anthony Griess

Wed. Feb 23rd: Alexander Vigil, Jude Vigil

Thurs. Feb. 24th: Andrew Fries, Anthony Vigil

Fri. Feb. 25th: Volunteer

Sunday, Feb. 27th: Anthony Kosovich, Anthony Griess

Sunday, Mar. 6th: Andrew Fries, Alexander Vigil

Grow, Jesus, grow in my heart by your grace, light and peace for the glory of your Father. - St. Bernadette

Confessions: Sundays - 8:00 am and after Mass Tues. & Wed. - 7:35am Thurs. - 2:00pm

Choir Practice: 1st - 3rd Wednesdays of the month 6:30 - 8:00pm.

Children's Catechism Classes: No Class today.

Adult Doctrine Class: 4th Wednesday of the month 6:30 - 8:00pm. - Feb. 23rd.

PLEASE PRAY FOR: Kyle Kaltenbacher, Elijah Nosko, Mrs. Rosalie Pottenger, Mr. Jose Anaya, Daniel Gonzales, Christopher Fries, Sarah Watterson, Rebekah Hibdon, Michael Micklich, Christopher, Jimmy, Camron and Stephanie Howe, Christopher Wertish, our Military and Police, RIP Eugene Kauhane, Maria Atwood, Tom Gallegos, Fray Leon, RIP Marilyn Soisson and all the sick. (Contact Sister to add to this prayer list.)

CANDLES: Beeswax candles have been blessed with a special blessing on the Feast of the Purification, Feb. 2nd. There are plenty for all. A donation to help cover the cost would be appreciated.

MATER DEI SEMINARY CD'S: are available in the back of Church (great Lenten music!) you can preview the songs at this link. www.materdeiseminary.org

LENTEN RETREATS: will be held in Denver on March 5th and in Springs on April 2nd.

On Spiritual Retirement – St. Francis de Sales

THIS is a matter, dear daughter, to which I am very anxious to win your attention, for in it lies one of the surest means of spiritual progress. Strive as often as possible through the day to place yourself in God's Presence. Consider what God does, and what you are doing;—you will see His Eyes ever fixed upon you in Love incomparable. “O my God,” you will cry out, “why cannot I always be looking upon Thee, even as Thou lookest on me? why do I think so little about Thee? O my soul, thy only resting-place is God, and yet how often dost thou wander?” The birds have nests in lofty trees, and the stag his refuge in the thick coverts, where he can shelter from the sun's burning heat; and just so, my daughter, our hearts ought daily to choose some resting-place, either Mount Calvary, or the Sacred Wounds, or some other spot close to Christ, where they can retire at will to seek rest and refreshment amid toil, and to be as in a fortress, protected from temptation. Blessed indeed is the soul which can truly say, “Thou, Lord, art my Refuge, my Castle, my Stay, my Shelter in the storm and in the heat of the day.” Be sure then, my child, that while externally occupied with business and social duties, you frequently retire within the solitude of your own heart. That solitude need not be in any way hindered by the crowds which surround you—they surround your body, not your soul, and your heart remains alone in the Sole Presence of God. This is what David sought after amid his manifold labours; the Psalms are full of such expressions as “Lord, I am ever with Thee. The Lord is always at my right hand. I lift up mine eyes to Thee, O Thou Who dwellest in the heavens. Mine eyes look unto God.” There are few social duties of sufficient importance to prevent an occasional retirement of the heart into this sacred solitude. When S. Catherine of Sienna was deprived by her parents of any place or time for prayer and meditation, Our Lord inspired her with the thought of making a little interior oratory in her mind, into which she could retire in heart, and so enjoy a holy solitude amid her outward duties. And henceforward, when the world assaulted her, she was able to be indifferent, because, so she said, she could retire within her secret oratory, and find comfort with her Heavenly Bridegroom. So she counselled her spiritual daughters to make a retirement within their heart, in which to dwell. Do you in like manner let your heart withdraw to such an inward retirement, where, apart from all men, you can lay it bare, and treat face to face with God, even as David says that he watched like a “pelican in the wilderness, or an owl in the desert, or a sparrow sitting alone upon the housetop.” These words have a sense beyond their literal meaning and show King David's habit of retirement for contemplation;—and we may find in them three excellent kinds of retreats in which to seek solitude after the Savior's example. For Christ is symbolised as He hung upon Mount Calvary by the pelican of the wilderness, feeding her young ones with her blood. So again His Nativity in a lonely stable might find a foreshadowing in the owl of the desert, bemoaning and lamenting; and in His Ascension He was like the sparrow rising high above the dwellings of men. Thus in each of these ways we can make a retreat amid the daily cares of life and its business. When the blessed Elzear had been long separated from his pious and beloved wife Delphine, she sent a messenger to inquire after him, and he returned answer, “I am well, dear wife, and if you would see me, seek me in the Wounded Side of our Dear Lord Jesus; that is my sure dwelling-place, and elsewhere you will seek me in vain.” Surely he was a true Christian knight who spoke thus.

